

September 3, 2007

Dr. Nick Harris

IGeneX

Dr. Harris

Thank once again for the opportunity to work with the Lyme docs in California. This second trip was equally as valuable as the first, but this time I was able to do much more integration of the information and have more in depth conversations with Drs. Green, Harris and Stricker, as I spent time with each of them.

The biggest piece I really saw this time was how different doctors are using different “tools” but in the end, whether its Chris Green’s antibiotic-integrative (nutritional, hormonal, etc...) approach or the Cowdin protocol, it is all really about respecting the fact that Tick-borne illness is a poly microbial, multisystemic disease. Aside from the “tick bugs” we are also paying attention to viruses, fungus and other bacteria while respecting the real impact of herxheimer reactions and fact that toxicity plays a role for many people.

Since I was first in California, I have given a presentation about Lyme disease at the Pain Center at St Patrick Hospital, attended a grand rounds at St Pats on Lyme disease. I have gotten the chance to speak with a Rocky Mountain Lab researcher, Steve Schwan, and have developed a letter for other health care providers involved with my Lyme patients to explain the issues around diagnosis and treatment. Lastly, I now have a consent for treatment of persistent Lyme based upon the document available through ILADS, but tailored to the fact that as a naturopathic physician, I practice somewhat differently than MDs.

These two weeks were invaluable and I will do my best to be the advocate for patients. They deserve to treat their tick-borne illness with the latest knowledge available while continuing to learn. This disease and these two weeks have altered the path medicine is taking me down forever.

Thank you and see you in Boston,

Christine C. White, ND